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## **Recommended Health Care of Adult Cats!**

Here at Fairmount Animal Hospital we customize your pet's vaccine schedule to what he/she needs without giving too many vaccines in one day.

### 1-7 Years:

- Physical Examination with a doctor – We recommend wellness examinations every 6-12 months depending on the breed of your dog, health issues and vaccines required to protect your dog from certain diseases.
- FVRCP (Panleukopenia/Rhinotracheitis/Calcivirus) Vaccine – this is considered a core vaccine. This vaccine is boosted at 1 year of age and then the next booster is due every 3 years.
- Rabies Vaccines – this is considered a core vaccine. This vaccine is boosted every year.
- Leukemia Vaccine - this is a NON core vaccine. This is a vaccine for cats that go outdoors.
- Fecal Exam – to check for intestinal parasites, some of which can be transmitted to people
- Flea/Tick prevention should be continued monthly year round
- Strategic deworming – should be considered for pets that hunt, has fleas, household that have children or someone with a suppressed immune system.
- Feline leukemia/immunodeficiency test – for outdoor cats every 2 years.

### Other useful information:

- Cigarette's and second hand smoke can affect your pet's health just like humans. Please avoid smoking around your pet.
- Diets play an important role in your cat's health. Here is a list of recommended diets that can be found at your local grocery store/pet store
  - Science Diet, Iams, Eukanuba, Wellness, Royal Canin, Natural Balance, Evo/Innova, Blue Buffalo, Natures Balance, Purina one
    - If you are unsure how your pet's diet compares please ask your veterinarian!
  - Please always switch pet's diet gradually – this process should take about 2 weeks by slowly mixing in the old food with the new food.
  - We highly recommend some wet food in your cat's diet especially if your cat is a male. This helps prevent feline lower urinary tract disease and obstructions. You can also think about adding a water fountain to promote drinking.
- Dental health plays an important role in the overall well-being of your cat. Please consider brushing your pet's teeth. Please see the handout about teeth brushing for easy step by step instructions.

