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## **Recommended Health Care of Adult Dogs!**

Here at Fairmount Animal Hospital we customize your pet's vaccine schedule to what he/she needs without giving too many vaccines in one day.

### 1-7 Years:

- Physical Examination with a doctor – We recommend wellness examinations every 6-12 months depending on the breed of your dog, health issues and vaccines required to protect your dog from certain diseases.
- DA2PP Vaccine (Distemper, Adenovirus, Parainfluenza, Parvovirus) – this is considered a core vaccine. We give this vaccine at one year of age and then booster it according to recommendations.
- Rabies Vaccines – this is considered a core vaccine. This vaccine is boosted at 1 year of age and then the next booster is due every 3 years.
- Bordetella Vaccine - this is a NON core vaccine. This vaccine is for dogs that get groomed, boarded, doggie daycare, go to dog shows, doggie park, or obedience classes. We also recommend it for dogs that frequent PetSmart/Petco.
- Lyme Vaccine - this is a NON core vaccine. This vaccine is for dogs that are spending time in the woods, grassy areas and areas where deer are. We highly recommend this vaccine to dogs that live in Lyme endemic areas.
- Leptospirosis Vaccine - this is a NON core vaccine. This is a vaccine for dogs that play outdoors where exposure to wildlife is possible; dogs that drink from ponds or puddles; dogs exposed to deer, skunks, opossums, raccoons, squirrels, or voles. Leptospirosis is the #1 cause of acute kidney failure in dogs and can be transmitted to people.
  - Our goal is to ideally schedule non-core vaccines at a separate examination so your dog is not given so many vaccines at one time. Studies in veterinary medicine have shown that increasing the number of vaccines given on one day increases the antigenic stimulation to that patient and increases the chances of vaccine reactions
- Fecal Exam – to check for intestinal parasites, some of which can be transmitted to people
- Heartworm/Lyme/Ehrlichia/Anaplasmosis blood test – We perform this blood test every year to check for the tick and mosquito borne illnesses.
- Heartworm/Intestinal parasite prevention should be continued monthly year round
- Flea/Tick prevention should be continued monthly year round

### Other useful information:

- ✓ Diets play an important role in your puppy's health. Here is a list of recommended diets that can be found at your local grocery store/pet store
  - Science Diet, Iams, Eukanuba, Wellness, Canidae, Royal Canin, Natural Balance, Evo/Innova, Blue Buffalo, California Natural, Nature's Recipe, Purina ONE
  - Please always switch pet's diet gradually – this process should take about 2 weeks by slowly mixing in the old food with the new food.
  - Cigarette's and second hand smoke can affect your pet's health just like humans. Please avoid smoking around your pet.

